



COVID-19 Testing Sites

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If you have symptoms of shortness of breath or difficulty breathing, fever and/or chills, cough, sore throat, congestion and/or runny nose, new loss of taste and/or smell, sinus infection symptoms OR have come into close contact with a person known to have COVID-19, please call and make an appointment for a telehealth visit. During that telehealth visit the medical provider will decide if you need a COVID-19 test. **Please be advised we are not doing asymptomatic COVID-19 testing here at CNY Family Care.** It is at the discretion of your medical provider if you need to be tested for COVID-19.

Anyone who is tested and is experiencing symptoms consistent with COVID-19 must self-quarantine until they receive a negative test result. Individuals with negative test results will be notified by the office/clinic that provided the test and may end quarantine at that time **unless they are already under quarantine as a contact to a positive case—it is not possible to “test out early” of mandatory quarantine in this case.**

What if I test positive?

If you test positive for COVID-19, you will be placed under an order of mandatory isolation. You must stay home and avoid contact with others at all times, including members of your own household. You must remain in isolation for at least 10 days and have a temperature of under 100 degrees for three days in a row before being released from isolation. The isolation period is typically 10 days from symptom onset (or from the date of the positive test if you are asymptomatic).

Those identified as close contacts will be placed in a Mandatory Order of Quarantine for at least 10 days. Fully vaccinated people who have been exposed do NOT have to quarantine unless they have symptoms.

Learn more about isolation and quarantine here.

COVID-19 Testing Locations

Patients **who live in Onondaga County** can go to the following website for detailed COVID-19 Testing site information: <https://covid19.ongov.net/appointments/>

Patients can go to the following website for New York State, enter their zip code, and **find the location of the nearest COVID-19 testing site**: <https://coronavirus.health.ny.gov/find-test-site-near-you>

Asymptomatic Rapid (Antigen) Testing – Community Locations

NOTE: This registration is for asymptomatic people only and appointments are required. If you are a contact of a case and are under quarantine, you should NOT register for these community locations—please register for one of the PCR testing options or through your primary care doctor.

- **Appointments are required** (<https://covid19.ongov.net/appointments/testing-registration-form/>)
- This is an antigen test, **not PCR**.
- There is no out-of-pocket cost for testing at these community locations.
- Exact locations are available upon registration. Additional locations will be added as they are planned.
- Please note that **children under the age of 18 must be accompanied by a parent/guardian**.
- Positive results are called within one hour of testing; negative results are emailed within 24 hours.
- Please **do not arrive more than 15 minutes before your appointment** time.

Return to School Testing for K-12 Students and Staff

This testing registration (<https://covid19.ongov.net/return-to-school-registration/>) is only for those students and staff who have been excluded from school due to previous symptoms **which are now resolved**. This is not for individuals who have been placed in quarantine or who are currently experiencing symptoms. **Unvaccinated individuals CANNOT test out of quarantine**. Anyone who is currently experiencing COVID-19 symptoms should seek medical care.

- Register here for an appointment: <https://covid19.ongov.net/return-to-school-registration/>

Since this is a PCR test done by Quadrant Biosciences lab, you are required to register at their website also. You will be prompted to do that once you are registered for a time slot at the testing location.

PCR Testing (Including for K-12 Schools)

PCR testing is available through **Upstate Medical University** and the **Syracuse Community Health Center** for Onondaga County residents. Physicians, pharmacies, and urgent care centers may offer PCR testing as well, please call ahead to inquire.

Upstate Medical University (Upstate offers two locations for COVID testing)

Water Street Clinic (800 Water Street, Syracuse, 13210)

- An appointment is required.
- To register for appt online: <https://mychart.upstate.edu/MyChart/waterstreet.html>
- To register for appt by phone: 315-464-2778 (press 0) during regular business hours
- Water Street Testing Site Hours of Operation: Monday-Friday, 8:00am-4:00pm (closed for lunch 12-12:30pm), Saturday, 8:00am-1:00pm

There are several options for scheduling a COVID test at 800 Water Street:

- If you have an Upstate MyChart account, you can sign into your account (mychart.upstate.edu) and self-schedule a test. You cannot self-schedule a same day test.
- If you do not have an Upstate MyChart account, you can visit mychart.upstate.edu. Click on the "COVID Test Scheduling (Non-MyChart Patients)" button to schedule your test online. You cannot self-schedule a same day test.
- You may call 315-464-2778, press 0 and follow the prompts (there may be a call wait time).
- You may email covidtesting@upstate.edu and include your legal name, date of birth, and phone number. You will receive a call back to schedule and register for your test.

Upstate Community Hospital, Physician Office Building South, Suite 1K (4900 Broad Rd, Syracuse, 13215)

- Suite 1K Testing Site Hours of Operation: Monday-Friday, 8:00am-4:30pm (closed for lunch 1-1:30pm)
- The Upstate COVID testing site at Suite 1K offers **in-person testing, with no appointment required**. Individuals come into the hospital to sign in and then return to their cars to safely register and speak to a nurse by phone. Once individuals are registered and the nurse assessment is complete, they return to the suite for the test. **Walk-ins are welcome at this testing site.**

- Saliva COVID tests are available is desired for individuals **ages 16 and under** at this site, **Monday through Thursday**. To be eligible for saliva testing, you cannot have brushed your teeth or used mouthwash for 3 hours prior to the test, and you cannot eat, drink, smoke, vape, chewed gum, had a mint or lozenge for 30 minutes prior to the test.

Syracuse Community Health Center

The Syracuse Community Health Center, in a partnership with the Onondaga County Health Department and Upstate Medical University, is serving as the host site for a new regional Coronavirus (COVID-19) Testing Center.

NOTE: This regional COVID-19 testing center is not a walk-up facility. Before visiting the testing center, people who have respiratory issues, or have questions related to COVID-19 must either phone their physician or call the COVID-19 regional triage hotline at 315-464-3979. If their case warrants a COVID-19 test, they will be referred to the testing center.

- COVID-19 testing is only available at our 819 S. Salina Street Location.
- COVID-19 testing is available MONDAY – FRIDAY, 9:00 AM – 4:00 PM. ****PLEASE NOTE: TESTING DOES OCCUR DURING THE LUNCH HOUR.**
- Effective June 21, 2021, testing will now be conducted inside the clinic. Please park in one of the patient parking areas and come inside.
- At this time, we can not provide wait times as it changes throughout the week. Monday is their busiest day for testing.

Kinney Drugs

Kinney Drugs is conducting **asymptomatic COVID TESTING** at numerous NY locations.

- In NY patients can schedule an appointment to get a COVID-19 TEST. To schedule an appt in NY go to <https://secure.kinneydrugs.com/pharmacy/covid-19/covid-19-testing/new-york/>
- Kinney Drugs has partnered with eTrueNorth to provide COVID-19 tests at various locations in New York at no cost.
- eTrueNorth will notify all patients by email when your results are available. **Results will be available 3 to 5 business days** after your test. Kinney Drugs will NOT have any information regarding test results.
- Tests are molecular RT-PCR tests that detect the virus's genetic material

Wellnow Urgent Care

COVID-19 testing is available at all WellNow centers with same and next-day PCR results available at all WellNow centers in New York.

- Open 7 days a week
- Walk-ins are welcome
- Appointments are available if preferred. To make an appointment go to <https://wellnow.com/locations/> and choose the location you desire.

Walgreens

Walgreens is offering free, contactless COVID-19 testing for patients aged 3 and up at select locations

- Available types of tests: Rapid Diagnostic Test (ID Now), PCR, Rapid Antigen Test (BinaxNOW)
How the COVID-19 testing process works at Walgreens:
 1. Complete a quick questionnaire.
 2. Choose a location and time for your COVID-19 test (based on the type of test you want).
 3. Go to the testing location and remain in your vehicle with the window rolled up.
 4. Show your confirmation email, a valid state ID or driver's license, and insurance card or voucher.
 5. Perform the nasal swab yourself under the direction of a pharmacy team member. Patients ages 3-18 will need a parent or legal guardian while they self-administer the COVID-19 test.
 6. Get results
- Registration:
https://www.walgreens.com/findcare/covid19/testing/consent?ban=covid_vanity_testing

Quest Diagnostics

- In person, by appointment, or at-home collection kit available
- Free Diagnostic Testing for those with symptoms
- Non-Rapid Testing Results in 1-2 Days
- To make an appointment go to: <https://patient.questdiagnostics.com/no-cost-covid-test>
- To purchase an in home collection kit go to: <https://questdirect.questdiagnostics.com/products/covid-19-active-infection/2713afd8-3d0c-4819-b877-6880a776cc46> (the in home collection kit is not free, cost starts at \$125.00)

Walmart Curbside Pick-up (Take Home Test)

6438 Basile Rowe, East Syracuse, NY 13057 (Monday-Sunday 9:00AM-1:00PM)

Check to see if you're eligible for this COVID-19 testing program at no cost to you when billed to your insurance or the government.

- Same day appointments often available
- For ages 2+, regardless of symptoms
- Molecular (PCR) test results typically available within 1-3 days
- **Appointment required**, to get started visit:
<https://patient.questdiagnostics.com/LP=94?elqTrackId=6e83f0dd567048fb8dd544711d0eeb5b&elq=00000000000000000000000000000000&elqaid=93&elqat=2&elqCampaignId=>

Erie East VA Clinic COVID testing site:

910 Erie Boulevard East, 2nd Floor, Syracuse, NY 13210

(315) 425-4400

Monday-Friday 8AM-4:30PM

VA offers coronavirus testing **for Veterans** who are enrolled in VA health care and meet CDC criteria for testing. If you are a Veteran with symptoms of COVID-19, call your VA health care team or your VA facility's

advice nurse before going to any VA location. You can also send your VA provider a secure message through the My HealtheVet health management portal.

Syracuse VA Medical Center:

800 Irving Avenue, Syracuse, NY 13210
(315) 425-4400
Monday-Sunday 24hr

VA offers coronavirus testing **for Veterans** who are enrolled in VA health care and meet CDC criteria for testing. If you are a Veteran with symptoms of COVID-19, call your VA health care team or your VA facility's advice nurse before going to any VA location. You can also send your VA provider a secure message through the My HealtheVet health management portal.

Urgent Care - Pulaski:

3858 NY-13, Pulaski, NY 13142
(315) 298-2273
Monday-Sunday 8AM-4PM

- 1 hour PCR molecular test
- Walk ins welcome but must call when arrive in parking lot

Connexicare – Fulton (Fulton Urgent Care):

510 South Fourth St, Ste 600, Fulton, NY 13069
(315) 592-3500
Monday – Friday 6:30AM-8:30PM, Sat-Sun 9AM-8:30AM

- **Symptomatic** testing only
- Walk in clinic
- PCR results in 24-36 hours
- Testing available for all ages (not testing patients under 3 months of age)

Surveillance Testing for Schools:

Onondaga County Health Department is offering on-site weekly surveillance testing for students and staff at school buildings throughout Onondaga County. The goal is to test 10% of the school community each week to help determine if asymptomatic students or staff are COVID-19 positive.

- This is simple and painless pooled saliva testing.
- There are no out-of-pocket expenses.
- Anyone part of a positive pool will have their sample tested individually (the same specimen will be used; no additional test is needed).

We encourage parents to enroll their children in this important testing program to help prevent the spread of COVID-19 in our schools and our larger community. Please contact your school district for more information and to sign up!

All CNY Family Care patients who live in the State of NY can find the COVID-19 testing site nearest their home, by going to following website, entering their zip code, and **it will provide a list of the nearest COVID-19 testing sites:** <https://coronavirus.health.ny.gov/find-test-site-near-you>